Berry Almond Greek Yogurt Bowl

Creamy Greek yogurt topped with fresh blueberries and crunchy almonds for a protein-packed, low-carb snack.

Servings: 2 **Time:** 5 minutes

Ingredients

- 1 cup plain Greek yogurt
- 1/2 cup fresh blueberries
- 2 tablespoons sliced almonds

Instructions

1. Spoon the Greek yogurt into a serving bowl.
2. Rinse the fresh blueberries and pat dry.
3. Scatter the blueberries evenly over the yogurt.
4. Sprinkle sliced almonds on top for crunch.
5. Serve immediately and enjoy.

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